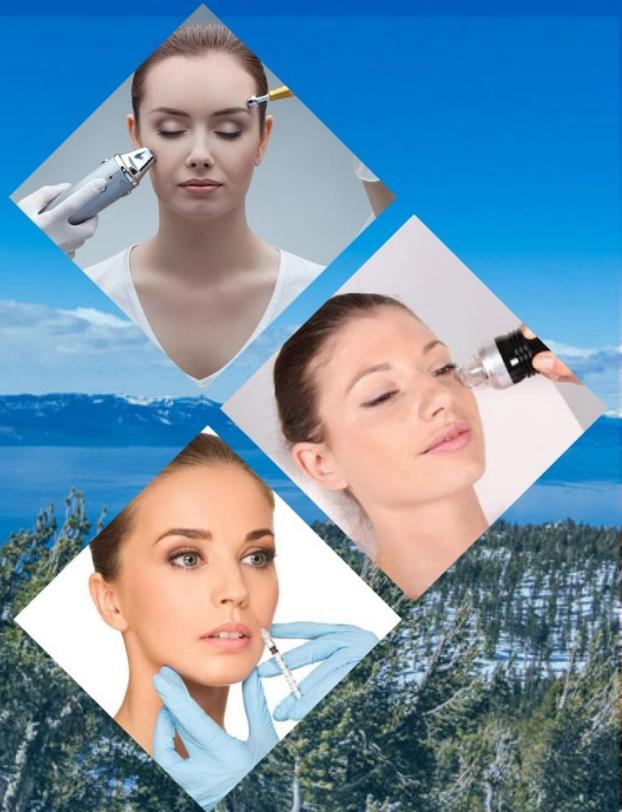


THE CALIFORNIA SOCIETY OF
FACIAL PLASTIC SURGERY

CSFPS

19th Annual Winter Meeting



SAFPAS

Skin Aging, Facial Plastic & Aesthetic Surgery

Course Chairmen:

Dr. Corey Maas, Dr. James Newman, Dr. Stuart Seiff

February 20 - 23, 2020

Multi-Disciplinary Meeting at the Resort at Squaw Creek
in Lake Tahoe, California (Thursday-Sunday).



RESORT AT SQUAW CREEK
LAKE TAHOE · CALIFORNIA

CME Accredited

CSFPS 2020 19th Annual Winter Meeting

Corey Maas, MD, James Newman, MD & Stuart Seiff, MD

Course Chairmen

Anna Bar, MD & Andrew Kaufman, MD

Co-Chairmen

SPEAKERS

Malena Amato, MD – Oculoplastic Surgery
Anne Barmettler, MD – Oculoplastic Surgery
Patrick Bitter, Jr., MD – Dermatologic Surgery
Suneel Chilukuri, MD – Dermatologic Surgery
Erez Dayan, MD – Plastic Surgery
Andrew Frankel, MD – Facial Plastic Surgery
Basil Hassouneh, MD – Facial Plastic Surgery
Harmeet Gill, MD – Oculoplastic Surgery
Kelly Griffith-Bauer, MD – Dermatologic Surgery
Andrew Kaufman, MD – Dermatologic Surgery
Suzanne Kilmer, MD – Dermatologic Surgery
Andrea Kossler, MD – Oculoplastic Surgery
Corey Maas, MD – Facial Plastic Surgery
Ed Miranda, MD – Plastic Surgery
Serena Mraz, MD – Dermatologic Surgery
Kathryn Najafi-Tagol, MD – Oculoplastic Surgery
Randal Pham, MD – Oculoplastic Surgery
Tom Rohrer, MD – Dermatologic Surgery
Nilma Shemirani, MD – Facial Plastic Surgery
Stan Tolkachjov,, MD – Dermatologic Surgery
Reza Vagefi, MD – Oculoplastic Surgery
Julie Woodward, MD – Oculoplastic Surgery

Anna Bar, MD – Dermatologic Surgery
Chloe Belteau – Practice Manager
Anne Chapas, MD – Dermatologic Surgery
Deedee Crossett – Dean SF Inst of Esthetics
Ben Erickson, MD – Oculoplastic Surgery
Nima Gharavi, MD – Dermatologic Surgery
Isaih Giese, MD – Oculoplastic Surgery
Anne Guanche, MD – Dermatologic Surgery
Ramtin Kassir, MD – Facial Plastic Surgery
Gregory Keller, MD – Facial Plastic Surgery
Irèn Kossintseva, MD – Dermatologic Surgery
Victor Lacombe, MD – Facial Plastic Surgery
Sheila Malek, MD – Plastic Surgery
Amir Moradi, MD – Facial Plastic Surgery
Gregory Mueller, MD – Plastic Surgery
James Newman – Facial Plastic Surgery
Zakia Rahman, MD – Dermatologic Surgery
Stuart Seiff, MD – Oculoplastic Surgery
Jeremiah Tao, MD – Oculoplastic Surgery
Lily Wagner, MD – Oculoplastic Surgery
John Vartanian, MD – Facial Plastic Surgery
Daniel Zelac, MD – Dermatologic Surgery

Thursday, February 20, 2020

Time	Activity	Speakers
12:00	Registration & Exhibits Open	Angela O'Mara CSFPS Executive V.P.
2:00	Apres Ski & Welcome	Corey Maas, MD, President James Newman, MD, CSFPS Treasurer
2:30-3:30	Laser Updates in Aesthetics Moderator: Anne Chapas, MD	
2:30	Advances In Ablative Laser Resurfacing	Suzanne Kilmer MD
2:40	Cellulite: Pathogenesis and Treatment	Zakia Rahman, MD
2:50	18 month Review of HIFEM Technology	Suneel Chilukuri, MD
3:00	Update On Radiofrequency Microneedling	Anne Chapas, MD
3:10	Vascular Laser Update	Nima Gharavi, MD
3:20	PANEL DISCUSSION: <i>Suzanne Kilmer, MD, Zakia Rahman, MD, Anne Chapas, MD, Nima Gharavi MD</i>	
3:30 – 3:45	Break	
3:45-5:15	Nasal Reconstruction Moderator: Anna Bar and Andrew Kaufman	
3:45	Simplifying Complicated Flaps: Bilobed and Helical Rim	Andrew Kaufman, MD
4:00	Island Pedicle Flap On The Nose: 2 Ways	Anna Bar, MD
4:10	Nasal Advancement and Rotation Flaps	Tom Rohrer, MD
4:20	Making Your Nasolabial Interpolation Flap Better	Stan Tolkachjov, MD
4:35	Paramedian Forehead Flap-Push Your Boundaries Under Local	Iren Kossintseva, MD
4:50	Case discussions in Facial Reconstruction-Each Presenter Brings 1 Case	(Kaufman, Bar, Rohrer, Tolkachiov, Kossintseva)
5:15-5:30	Break	
5:30-6:45	Surgical Facial Aesthetics Moderator: Andy Frankel	
5:30	My Approach To Mid-Facelifting	Andrew Frankel, MD
5:45	Temperature Controlled RF in Plastic Surgery	Erez Dayan, MD
6:00	Treating Bands & Glands Under Local Anesthesia	Greg Mueller, MD
6:15	New Anatomy, Vectors, and Energy Devices Improve the Deep Plane Facelift, Protect the Facial Nerve, and Prevent Hematomas	Gregory Keller, MD
6:30	PANEL DISCUSSION: <i>Andrew Frankel, MD, Erez Dayan, MD Greg Keller, MD, Greg Mueller, MD</i>	
6:45	Welcome Reception in Exhibit Hall	

Friday, February 21, 2020

Time	Activity	Speakers
7:00	Rise and Shine Breakfast	Exhibit Hall
7:30 - 10:00	Round Tables in Aesthetics Moderator: James Newman, MD	
7:30	Round Table Discussion 1 Lips Moderator: James Newman, MD	
7:30	Panelist: Andrew Frankel, MD , Basil Hassouneh, MD, Reza Vagefi, MD, Amir Moradi, MD	
7:45	Lip Lifts, Technical Pearls, When and How Often I Perform Them	
8:00	Lip Implants, Issues and Satisfaction	
8:15	Lip Fillers –My Preferred Technique	
8:30	Cultural Considerations in Lip Aesthetics	
8:45	Technical Pears in Reconstruction Primary to Karapandzic Flaps	
9:00	Round Table Discussion 2 Rhinoplasty Moderator: Andrew Frankel, MD Panelist: Corey Maas, MD, Basil Hassouneh, MD, Nima Shemirani, MD, John Vartanian, MD	
9:00	Management of Thick Envelope in Rhinoplasty	
9:15	Tip Definition, Sutures, Grafts, Preferences	
9:30	Extracoporeal Septoplasty vs. PDS Plates in Challenging Cases	
9:45	Challenging Cases, A, B, C	
10:00	<i>Exhibits Close at 10:00 and Re-Open at 2:00 - Ski Time!!</i>	
2:00	Apres Ski	Exhibit Hall
2:30 - 6:30 pm	ENERGY BASED WORKSHOP – Indications and Controversies: LIVE Demonstrations and LIVE Video	
	Original to the CSFPS, this energy based workshop includes live patient demonstration style teaching with big screen video broadcast. Our expert faculty will showcase current state-of-the-art techniques as well as demonstrate and train in the latest technologies including RF and other modalities for skin rejuvenation, IPL techniques, as well as demonstrate and train in the latest Profound, SkinTyte, BBL, CoolSculpting, Infini, Thulium Laser, Ulthera, Fractora, Clear & Brilliant, CoolTone, Emsculpt and Face Tite technologies.	
	Moderators: Corey Maas, MD & James Newman, MD. Faculty: Dr. Bitter, Dr. Chapas, Dr. Gharavi, Dr. Keller, Dr. Newman, Dr. Rahman, Dr. Moradi, Dr. Dayan, Dr. Vartanian, Dr. Woodward.	
4:00 - 4:30	<i>Coffee & Refreshments served in Exhibit Hall</i>	
	Continues until 6.30	
7:00	Reception in Exhibit Hall	

Saturday, February 21, 2020

Time	Activity	Speakers
7:00	Rise and Shine Breakfast	Exhibit Hall
8:00 - 12:45	Practice Marketing & Management Program Moderator: Giles Raine	
8:00	What Really Matters In Today's Practice	Sheila Malek, MD
8:15	My Best ROI and What I Would NOT Do Again	Ramtin Kassir, MD
8:30	Growing A Cosmetic Surgery Practice	Chloe Belteau
8:45	Marketing Techniques That Never Age	Angela O'Mara
9:00	Has Social Media Distorted Our Idea of Beauty?	Zakia Rahman, MD
9:15	Round Table II Moderator Zakia Rhaman, MD	Incredible Marketing
9:30	Keys To Successful Transitions In Marketing	Debra Phairas
9:45	Top Trends in Digital Marketing	Crystal Clear
10:00	Distinguishing Your Practice Above The Creep of Commoditization	Catherine Maley
10:15	Elevate The Patient Experience By Elevating Your Vocabulary	Deedee Crossett
10:30	How To Say No	Suneel Chilukuri, MD
10:45	Social Media: How I Got Started and How I Do It Now	Anne Guanche, MD
11:00 – 12:00	Tax Reduction, Lawsuit Prevention and License Protection <i>Boxed lunches will be served</i>	Dan McNeff, Legally Mine (non-cme)
12:45	Exhibits Close at 12:00 and Re-Open at 2:00	
2:00	Apres Ski	Exhibit Hall
2:30 - 6:30 pm	Live Fillers & Injectables with – LIVE VIDEO DEMONSTRATIONS	
<p>A feature of the CSFPS Annual Winter Meeting this 4 hour workshop brings together leaders in injectables that showcase individual techniques for facial procedures. Join us and learn more about Bellafil, Belotero, Botox, Dysport, Juveau, Juvederm, Kybella, Radiesse, Restlane, Restylane Lyft, Resylane Sil, Volbella, Vollure, Voluma and Xeomin.</p> <p>Moderators: Corey Maas, MD, & James Newman, MD. Faculty: Dr. Chilukuri, Dr. Gill, Dr. Rahman, Dr. Seiff, Dr. Mraz.</p>		
4:00 - 4:30	<i>Coffee & Refreshments served in Exhibit Hall</i>	

Continues until 6.30

Sunday, February 23, 2020

Time	Activity	
7:00	Breakfast with Exhibitors	
8:00	Oculoplastic Session	
	Moderator: Stuart Seiff, MD	
8:00	Post-blepharoplasty Lower Eyelid Retraction: Prevention and Management	Jeremiah Tao, MD
8:10	Periorbital Rejuvenation In Dark Skin Patients: What's New?	Randal Pham, MD
8:20	CASE PRESENTATION PANEL	Stuart Seiff, MD
8:30	CASE PRESENTATION PANEL	Malena Amato, MD
8:40	CASE PRESENTATION PANEL	Isiah Giese, MD
8:50	CASE PRESENTATION PANEL	Robert Kersten, MD TBD
9:00	Mastering The Lateral Canthus During Upper & Lower Lid Blepharoplasty	Andrea Kossler, MD
9:10	CASE PRESENTATION PANEL	Lily Wagner, MD
9:20	CASE PRESENTATION PANEL	Harmeet Gill, MD
9:30	CASE PRESENTATION PANEL	Kathryn Najafi-Tagol, MD
9:40	CASE PRESENTATION PANEL	Dave Russell, MD TBD
9:50	Lower Lid Blepharoplasty Warning Signs: Case Based Approach Or Endoscopic Brow Lifting Updates	Anne Barmettler, MD
TBD	CASE PRESENTATION PANEL	Ben Erickson, MD
10:00	Break with Exhibitors	
10:30	Skin Stem Cell Stimulation with Cosmeceuticals Improve Pores, Wrinkles, and the Skin: Objective Evidence Based Conclusions	Gregory Keller, MD
10:40	Preventing IPL Complications	Patrick Bitter, Jr., MD
10:50	Platelet Rich Plasma In Dermatology	Kelly Griffith-Bauer, MD
11:00	Treatment of Melasma & Other Difficult Hyperpigmentation Disorders	Serena Mraz, MD
11:10	Aesthetic Treatments In Ethnic Skin	Zakia Rahman, MD
11:20	CASE PRESENTATION PANEL	Corey Maas, MD
11:30	CASE PRESENTATION PANEL	Daniel Zelac, MD
11:30-11:45	Panel discussion with faculty above	
11:45	CSFPS Business Meeting	
12pm	Meeting Adjourn	